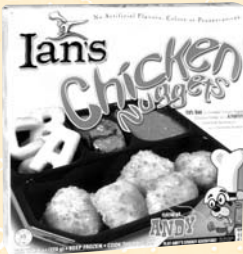


Frozen or Refrigerated

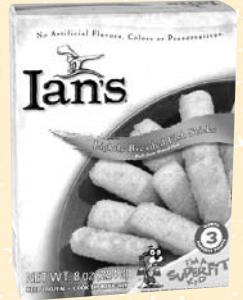
FOOD FOR LIFE
Organic Tortillas
EZEKIEL 4:9
• Sprouted Grain
• Brown Rice, Wheat & Gluten-free
• Sprouted Corn
\$1.99
10-12 oz.
SRP: \$3.05



IAN'S
Chicken Tenders, Nuggets or Patties
WHITE MEAT
\$3.89
7-8 oz.
SRP: \$5.49



IAN'S
Fish Sticks or Fillets
\$2.99
7-8 oz.
SRP: \$4.19



QUORN FOODS
Naked Cutlets
CHICKEN-STYLE
\$3.69
9.7 oz.
SRP: \$5.25



SEAPOINT FARMS
Veggie Blends
WITH EDAMAME
• Garden
• Oriental
\$2.39
16 oz.
SRP: \$3.39



LIGHTLIFE
Smart Dogs or Tofu Pups
FAT FREE
\$2.99 12 oz.
SRP: \$4.19



SOY DELICIOUS
It's Soy Delicious
NON-DAIRY FROZEN DESSERT
\$2.39
pints
SRP: \$3.39



STONYFIELD
Organic Ice Cream or Frozen Yogurt
Selected Varieties
\$2.99
pints
SRP: \$4.19



Grocery

ECOVER
Automatic Dishwashing Detergent
• Powder
• Tablets
\$4.19
18-48 oz.
SRP: \$5.79-5.89



Delicate Wash
\$3.49
32 oz. SRP: \$4.89



Dishwashing Liquid
Lemon Scent with Aloe
\$1.99
16 oz. SRP: \$2.79



Laundry Powder
\$10.99
96 oz. SRP: \$16.29



Laundry Wash
LIQUID
\$5.59
51 oz. SRP: \$7.89



Herbal Dishwashing Liquid
UNSCENTED
\$1.99
16 oz. SRP: \$2.89



Stain Remover
STICK
\$2.69
6.8 oz. SRP: \$3.79



HUNGRY?
Don't feel like cooking tonight?
Come to our Deli Counter for fresh organic soups, salads, sandwiches & so much more!

LATE JULY SNACKS
Organic Crackers
• Bite-size Cheddar
• Classic Rich
• Round Saltines
\$2.19
5-6 oz. SRP: \$2.99



NEWMAN'S OWN ORGANICS
Alphabet Cookies
MADE WITH ORGANIC INGREDIENTS
WHEAT-FREE, DAIRY-FREE
\$2.09
10 oz. SRP: \$2.99



Champion Chip Cookies
MADE WITH ORGANIC INGREDIENTS
• Chocolate Chip
• Chocolate Chocolate Chip
• Chocolate Chip, Wheat-free, Dairy-free
• Espresso Chocolate Chip
10 oz. SRP: \$3.59
\$2.59

SPECTRUM NATURALS
Organic Olive Oil
EXTRA VIRGIN UNREFINED
\$11.59
25.4 oz.
SRP: \$16.39



Mediterranean Olive Oil
WITH LEMON, UNREFINED
12.7 oz.
SRP: \$13.19
\$9.29

TERRA CHIPS
Yukon Gold Potato Chips
• Onion & Garlic
• Original
• Salt & Pepper
• Salt & Vinegar
\$1.99
5 oz.
SRP: \$2.79



GARDEN OF EATIN'
Blue Corn Tortilla Chips
MADE WITH ORGANIC INGREDIENTS
• Original
• Unsalted
• Red Hot Blues
\$2.29
9 oz.
SRP: \$3.19



Look for Weekly Specials in our 100% Organic Produce Department. Support your local organic growers.

SANTA CRUZ
Organic Syrup
• Caramel
• Chocolate
\$2.89
15.5 oz.
SRP: \$3.99



WOODSTOCK FARMS
Organic Almond Butter
• Crunchy, No Salt
• Smooth, No Salt
• Raw
\$13.39
16 oz. SRP: \$15.99



Almond Butter
• Natural Raw
• Smooth, Unsalted
16 oz.
SRP: \$12.49
\$10.19

Cosmetics

ALBA BOTANICA
Skin Care
• Sea Mineral Cleansing Gel
• Sea Lettuce Cleansing Milk
• Deep Sea Facial Mask
• Sea Enzyme Facial Scrub
• Sea Kelp Facial Toner
\$6.99
4-6 oz. SRP: \$9.95

Sea Lipids Daily Cream
Sea Moss Moisturizer, SPF15
Sea Plus Renewal Cream
\$10.49
2 oz. SRP: \$14.95

• Green Tea Eye Gel
• Jasmine & Vitamin E Moisture Cream
• Aloe & Green Tea Moisturizer, Oil Free
\$11.99
1-2.5 oz. SRP: \$16.95

Hair Care
• Gardenia Hydrating Conditioner
• Mango Moisturizing Conditioner
• Honeydew Nourishing Shampoo
• Plumeria Replenishing Shampoo
\$6.49
12 oz. SRP: \$8.95



BOIRON LABS
Arnica or Calendula
• Gel
• Ointment
\$4.69
1.01-1.5 oz.
SRP: \$6.69



DR. BRONNER'S
Bar Soap
• Aloe Baby, Unscented
• Almond
• Lavender
• Peppermint
• Tea Tree
\$2.69
5 oz.
SRP: \$3.75



Need help? Have a question? Can't find what you're looking for?
Don't hesitate to ask ur staff for anything you need. That's what we're here for! Looking for information? Visit our book section or our health notes kiosk.