

NATURAL FOOD CENTER

Perelandra

We deliver anywhere in Brooklyn!
Shop in-store or online at www.PerelandraNatural.com

175 Remsen Street
Brooklyn, NY 11201 • 718.855.6068

OPEN DAILY FROM 8AM TO 10PM

Get groceries delivered in an hour or less! *Instacart*

Good Thru August 31, 2018



Annie's Homegrown
Organic Bunny
Grahams
All Varieties



2/\$7

Reg. \$5.19



Cook's Pantry
Organic Pickles
All 24oz Varieties



\$4.99

Reg. \$6.59



Bobo's
Oat Bars
All 3oz Varieties

2/\$5

Reg. \$3.29



Earth Balance
Coconut Peanut
Butter
All 16oz Varieties

\$4.69

Reg. \$6.49



Farmhouse Culture
Organic Kraut
Krisps
All Varieties



\$3.19

Reg. \$4.59



Honest Tea
Organic Bottled Tea
All 16floz Varieties



2/\$3

Reg. \$2.19



Maya Kaimal
Indian Simmer
Sauces
All Varieties

\$3.89

Reg. \$5.49



Justin's
Almond Butter
Snack Packs
All 1.3oz Varieties

35% off

Reg. \$2.49



Grab Green
Room & Fabric Freshener
All Varieties

\$5.19

Reg. \$7.99



Cascadian Farm
Organic Spud
Puppies
16oz



\$3.09
Reg. \$4.09



So Delicious
Coconut Milk Mini
Dessert Bars
4ct

\$4.59
Reg. \$6.59



Quorn Foods
Meatless
Chik'n Nuggets
10.6oz

\$4.49
Reg. \$6.09



Cascadian Farm
Organic Broccoli
Cuts
16oz



\$2.69
Reg. \$3.79



So Delicious
Coconut Milk Dessert
Bars
No Sugar Added

\$4.79
Reg. \$7.09



Quorn Foods
Meatless
Chik'n Patties
10.6oz

\$4.49
Reg. 6.09



Cascadian Farm
Organic
Frozen Kale
10oz



2/\$5
Reg. \$3.39



Cascadian Farm
Organic Multi-
Colored Carrots
10oz



\$2.49
Reg. \$3.39



Quorn Foods
Gruyere Chik'n
Cutlets
7.76oz

\$4.59
Reg. \$6.19



Bulk
Organic White
Basmati Rice



\$2.59/lb
Reg. \$3.59/lb



Bulk
Organic Red
Quinoa



\$2.49/lb
Reg. \$3.29



Bulk
Organic Brown
Basmati Rice



\$2.39/lb
Reg. \$3.29/lb



Golden Temple
35% Fruit
Muesli

\$2.99/lb
Reg. \$4.49/lb



Tierra Farm
Fresh Ground
Organic Almond
Butter



\$5 off
Reg. \$17.99/lb



Bulk
Granola

30% off
Reg. \$4.49/lb-\$4.59/lb



Daiya
Dairy-Free
Cheddar Slices
9.5oz

\$4.09
Reg. \$5.99



Green Valley
Organic Lactose-
Free Yogurt
All 6oz Varieties



\$1.59
Reg. \$2.29



So Delicious
Organic Almond &
Cashew Milk
All 48floz Varieties

\$4.19
Reg. \$6.19



Ripple Foods
Dairy-Free Milk
All 48floz Varieties

\$4.99
Reg. \$6.59



Redwood Hill Farm
Goat Milk Kefir
32floz

\$6.19
Reg. \$8.79



Silk
Dairy-Free Soy
Yogurt
All Varieties

3/\$4
Reg. \$1.99



So Delicious
Coconutmilk
Yogurt
All 5.3oz Varieties

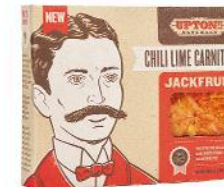
\$1.89
Reg. \$2.79



Vita Coco
Organic Coconut Water
8.45floz



\$2.59
Reg. \$3.99



Upton's Naturals
Seasoned
Jackfruit
10.6oz

\$5.29
Reg. \$6.59



Stonyfield Farm
Organic Yogurt
Squeezers
All Varieties



\$4.19
Reg. \$5.99



Stonyfield Farm
Organic Whole
Milk Yogurt
All 32oz Varieties



\$4.19
Reg. \$5.99



Wallaby Organic
Organic Greek
Yogurt
All 5.3oz Varieties



\$1.79
Reg. \$2.59



Redwood Hill Farm
Goat Milk Yogurt
All 6oz Varieties

2/\$4
Reg. \$2.99



Miyoko's Creamery
Vegan Mozzarella
All 8oz Varieties

\$8.79
Reg. \$19.59



Upton's Naturals
Seitan Bacon
5oz

\$4.29
Reg. \$5.29



Midel
Organic Ginger Snaps
8oz

\$3.59
Reg. \$5.19



Maya Kaimal
Spicy Ketchup
13.5oz

\$3.59
Reg. \$5.39



One Degree Organic Foods
Vegan Sprouted Cereal
All Varieties

35% off
Reg. \$6.19



Organic Valley
Organic Single Serve Milk
All 6.75oz Varieties

3/\$4
Reg. \$1.89



Pacific Natural Foods
Organic Vegetable Broth
All 32floz Varieties

35% off
Reg. \$4.79



Rhythm Superfoods
Beet Chips
1.4oz

\$3.59
Reg. \$4.69



Rule Breaker
Vegan Gluten-Free Brownies
All Varieties

3/\$5
Reg. \$2.29



Tinkyada
Brown Rice Pasta
All Varieties

30% off
Reg. \$4.49-5.29



Terra Chips
Original Vegetable Chips
6.8oz

\$4.29
Reg. \$6.29



Wild Planet
White Anchovies
All Varieties

35% off
Reg. \$3.29



Zevia
Zero Calorie Soda
All 12floz Varieties

35% off
Reg. \$1.19



Yumearth
Organic Sour Beans
2.5oz



\$1.79
Reg. \$2.49



Annie's
Granola Bars
All Varieties

\$2 off
Reg. \$5.19



Flackers
Flax Seed Crackers
All 5oz Varieties

\$4.59
Reg. \$6.69



Bionaturae
Organic Extra Virgin Olive Oil
17floz

\$12.39
Reg. \$17.09



Arrowhead Mills
Pancake & Waffle Mix
All 26oz Varieties

35% off
Reg. \$5.99-8.29



Gomacro
Organic Thrive Bar
All 1.4oz Varieties

\$1.59
Reg. \$2.29



Healthy Times
Organic Arrowroot
Cookies
5oz

\$3.19
Reg. \$5.09



Jackson's Honest
Potato Chips
5 OZ

3/\$10
Reg. \$4.49



L & A
Pure Cranberry Juice
32floz

\$6.19
Reg. \$8.79



Lundberg Family Farms
Gourmet Rice Blends
All 1lb Varieties

\$3.59
Reg. \$4.89-5.39



Maldon
Smoked Sea Salt
4.4oz

\$4.59
Reg. \$6.09



Peanut Butter & Co
Natural Peanut Butter
All 16oz Varieties

30% off
Reg. \$5.09-6.09



Newman's Own
Newman-Os Cookies
All 13oz Varieties

\$4.59
Reg. \$6.49



Vita Coco
Coconut Water
16.9floz

\$2.19
Reg. \$3.19



Pirate Brands
Pirate's Booty
1oz

5/\$5
Reg. \$1.59



Woodstock Mini Mes
Organic Rice Bites
All Varieties

2/\$4
Reg. \$2.99



Wild Planet
Wild Mackerel
4.4oz

2/\$5
Reg. \$3.79



Crofters
Organic Biodynamic
Fruit Spread
All 10oz Varieties

35% off
Reg. \$5.29



Annie's
Organic Dressing
All 8floz Varieties

\$3.59
Reg. \$5.19



Erewhon
Organic Cereal
All Varieties

\$3.99
Reg. \$5.99



Garden Of Eatin'
Blue Corn Tortilla
Chips
All 8.1oz Varieties

\$2.79
Reg. \$4.19



Kashi
Granola Bars
All Varieties

35% off
Reg. \$5.99-6.09



Lundberg Family Farms
Organic Quinoa
1lb

\$6.19
Reg. \$8.59



Maranatha Natural Foods
Organic Peanut
Butter
All 16oz Varieties

\$5.69
Reg. \$8.29



Mom's Best Naturals
Cereal
All Varieties

\$3.59
Reg. \$4.99



Midel
Chocolate Chip Cookies
8oz

\$3.49
Reg. \$4.69



Pacific Natural Foods
Organic Chicken
Broth
All 32floz Varieties

\$3.69
Reg. \$5.29



Ripple Foods
Individual Plant-
Based Milk
All 8floz Varieties

30% off
Reg. \$1.99



Nothin But
Premium Snack Bars
All Varieties

3/\$4
Reg. \$1.99



Spectrum Naturals
Organic Olive Oil
25.4floz

\$6 off
Reg. \$16.99



Terra Chips
Sweet Potato Chips
All 6oz Varieties

\$2.99
Reg. \$4.19



Wild Planet
Wild Sockeye Salmon
6oz

\$5.99
Reg. \$9.09



Silk
Aseptic Almond Milk
All 32floz Varieties

2/\$5
Reg. \$3.69



Stretch Island
Fruit Leather
All .5oz

2/\$1
Reg. \$.79



Yumearth
Organic Candy Drops
All Varieties

2/\$4
Reg. \$2.99



Annie's
Organic Animal
Cookies
6.75oz

\$3.59
Reg. \$5.19



Barbara's Bakery
Puffins Cereal
All Varieties

40% off
Reg. \$6.09



Bionaturae
Organic Balsamic
Vinegar
8.5floz

\$4.09
Reg. \$5.49



Cascadian Farm
Organic Granola
All Varieties

\$4.19
Reg. \$6.09



Doctor Kracker
Organic Crispbreads
All 7oz Varieties

\$3.49
Reg. \$4.69



Crofters
Organic Premium
Fruit Spread
All Red Tops

\$2.99
Reg. \$4.49



Grab Green
Laundry
Detergent Pods
All 24ct Varieties

30% off
Reg. \$6.89-9.39



Midel
Lemon Snaps
11oz

\$3.59
Reg. \$4.69



Kashi
Organic Cereal
All Varieties

\$3.99
Reg. \$6.99



Wild Planet
Yellowtail Tuna
Fillets
4.4oz

\$3.59
Reg. \$5.39



A Vogel
Organic Herbamare
Seasoning
8.8oz

\$6.79
Reg. \$8.99



Yumearth Organics
Organic Gummy
Bears
2.5oz

\$1.79
Reg. \$2.39



Sweet Leaf
Natural Stevia
Sweetener
70ct

\$4.99
Reg. \$7.19



Sun & Earth
Laundry Detergent
100floz

\$12.99
Reg. \$16.99



Annie's Homegrown
Mac & Cheese
All 6oz Varieties

35% off
Reg. \$3.09-4.49



Preserve
Food Storage
Containers
All Varieties

25% off
Reg. \$3.39-7.19



Crofters
Organic Just Fruit
Spread
All Green Tops

35% off
Reg. \$4.99



Maranatha Natural Foods
Maple Almond
Butter
12oz

\$7.99
Reg. \$12.59

Busy? Running around a lot?
Need a hand? **SHOP ONLINE**
@www.perelandranatural.com
We deliver to all of Brooklyn!



Instacart  



Alba Botanica
Acnedote
Towelettes
30ct

\$4.99
Reg. \$6.99



Hylands
Homeopathic
Kids' Allergy
Relief
125ct

\$6.99
Reg. \$9.39



Alba Botanica
Fast Fix
Sheet
Masks
All Varieties

2/\$5
Reg. \$3.79



Boiron
Quietude
Sleep Aid
60ct

\$9.49
Reg. \$13.19



Desert Essence
Dental
Floss
Tea Tree

\$2.99
Reg. \$3.99



Nutrition Now
PB8
Acidophilus
60ct

\$6 off
Reg. \$16.99



Chandrika
Bar Soap
All Varieties

30% off
Reg. \$1.49-1.99



John Masters
Skin & Body
Care Line
Drive

20% off
Reg. \$17.99-47.99



Herbatint
Permanent
Herbal
Haircolor
All 4froz Varieties

\$10.99
Reg. \$17.99



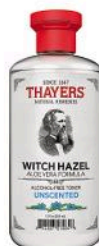
Kiss My Face
Liquid Rock
Deodorant
All 3oz Varieties

\$4.49
Reg. \$5.99



Nature's Gate
Herbal Shampoo
& Conditioner
32froz

\$8.99
Reg. \$13.99



Thayers
Witch Hazel
All 12froz
Varieties

\$7.99
Reg. \$10.99



Clearly Natural
Glycerine
Bar Soap
All Varieties

2/\$3
Reg. \$2.39



Hylands
Homeopathic
Kids' Cough
Syrup
4froz

\$8.99
Reg. \$11.19



Alba Botanica
Fast Fix For
A Pimple
.25oz

\$4.29
Reg. \$6.49



Clearly Natural
Liquid Hand
Soap
12froz

\$3.99
Reg. \$5.69



Alba Botanica
Acnedote
Face & Body
Scrub
8oz

\$7.19
Reg. \$11.19



Eco-Dent
Tarter Guard
Toothpowder
2oz

\$6.99
Reg. \$9.99



Desert Essence
Mouthwash
All 16froz
Varieties

\$6.29
Reg. \$8.59



Herbatint
Hair Color
Application
Kit

\$6.99
Reg. \$9.99

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE.
SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.