NATURAL FOOD CENTER

# Perelandra

We deliver anywhere in Brooklyn!
Shop in-store or online at www.PerelandraNatural.com
175 Remsen Street
Brooklyn, NY 11201 • 718.855.6068
OPEN DAILY FROM 7AM TO 10PM
Get groceries delivered in an hour or less! Instacart

**Good Through June 30, 2023**

**Choice Organic Teas**
Organic Tea
All Varieties

USDA ORGANIC
**$4.59**
Reg. $5.79

**Chocolove**
Dark Chocolate Bar
All 3.2 OZ Varieties

**2/$6**
Reg. $3.89

**Larabar**
Fruit & Nut Bar
All Varieties

**4/$7**
Reg. $2.49

**Nugo Nutrition Bar**
Chocolate Mint
Protein Bar
1.59 OZ

**$1.79**
Reg. $2.29

**Nugo Nutrition Bar**
Organic Dark Chocolate
Bar
All Organic Varieties

USDA ORGANIC
**$1.79**
Reg. $2.39

**Treehouse Originals**
Coconut Creamer
All Varieties

**$9.59**
Reg. $11.99

**Annie's Naturals**
Organic Salad Dressing
All Organic Varieties
Sale Excludes Non-Organic
Varieties

USDA ORGANIC
**$5.79**
Reg. $7.79

**Spectrum Naturals**
Canola Oil
All Varieties and Sizes

**30% off**
Reg. $10.49-20.19

**Lifeway**
Organic Grass-Fed
Plain Kefir
32 OZ

USDA ORGANIC
**$6.89**
Reg. $9.29

**Spectrum Naturals**
Sesame Oil
All Varieties and Sizes

**30% off**
Reg. $11.59-14.59

**Spectrum Naturals**
Sunflower Oil
All Varieties and Sizes

**30% off**
Reg. $12.99-20.19

**La Baleine Sea Salt**
Fine Sea Salt
26.5 OZ

**$4.29**
Reg. $5.79

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**Annie's Homegrown**
Macaroni & Cheese
All Non-Organic Varieties
Sale Excludes Baked and Deluxe Varieties

**30% off**
Reg. $3.59-5.59

**Garden Of Eatin'**
Corn Tortilla Chips
All 16 OZ Varieties

**$6.49**
Reg. $8.79

**Annie's Homegrown**
Organic Cheddar Bunnies
All Varieties

USDA ORGANIC

**$4.99**
Reg. $6.69

**Paqui**
Tortilla Chips
All Varieties

**$5.49**
Reg. $6.39

**Q Drinks**
Gourmet Soda
All Varieties

**$4.79**
Reg, $6.19

**Vita Coco**
Coconut Water
33.8 FL OZ Size Only

**$5.69**
Reg. $6.99

**Annie's Homegrown**
Organic Bunny Grahams
All 6.75-7.5 OZ Varieties

USDA ORGANIC

**$4.79**
Reg. $6.69

**Mom's Best**
Cereal
All Varieties

**$5.19**
Reg $6.99

**Vita Coco**
Coconut Milk
33.8 FL OZ

**$3.59**
Reg. $4.49

**Annie's Homegrown**
Organic Graham Sandwiches
All Varieties

USDA ORGANIC

**$5.99**
Reg. $7.99

**Bob's Red Mill**
Old Country-Style Muesli
18 OZ
Sale Excludes 14 OZ Varieties

**$5.19**
Reg. $6.99

**Ecover**
Dishwasher Tablets
17.6 OZ

**$5.99**
Reg. $7.99

**Food For Life**
Organic Cinnamon Raisin English Muffins
16 OZ
USDA ORGANIC
$7.49
Reg. $9.29

**Cascadian Farm**
Organic Frozen Vegetables
All Varieties
USDA ORGANIC
30% off
Reg. $5.59-5.99

**Cascadian Farm**
Organic Frozen Riced Cauliflower
Includes Blends and Plain Variety
USDA ORGANIC
$4.99
Reg. $6.89

**Kite Hill**
Almond Milk Yogurt
All 5.3 OZ Varieties
2/$4
Reg. $2.59

**Cascadian Farm**
Organic Fries and Potatoes
All Varieties
USDA ORGANIC
$5.19
Reg. $6.89

**Cascadian Farm**
Organic Frozen Fruit
All 28 - 32 OZ Varieties
USDA ORGANIC
$15.99
Reg. $21.89

**Kite Hill**
Dairy-Free Cream Cheese
All Varieties
$7.99
Reg. $9.99

**Bulk**
Organic Farro
USDA ORGANIC
$2.99/lb
Reg. $3.49/lb

**Bulk**
Organic Dried Cranberries
USDA ORGANIC
$6.19/lb
Reg. $7.09/lb

**Bulk**
Organic Chia Seeds
USDA ORGANIC
$3.79/lb
Reg. $4.59/lb

**Bulk**
Organic Garbanzo Beans
USDA ORGANIC
$2.69/lb
Reg. $3.19/lb

**Bulk - Tierra Farm**
Organic Trail Mix
Includes Tierra Trail Mix and Tierra Raw Mix Only
USDA ORGANIC
15% off
Reg. $10.99-13.99/lb

**Alba Botanica**
Aloe Vera After Sun Gel
8 FL OZ

**$7.79**
Reg. $10.39

**All Terrain**
Natural Insect Repellant
Includes Kids and Original Varieties

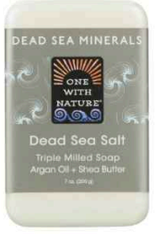
**$8.99**
Reg. $12.99-13.09

**Bulldog Natural Skincare**
Men's Shave Gel
5.9 OZ

**$6.99**
Reg. $9.39

**Naturtint**
Natural Hair Dye
All Varieties

**$14.99**
Reg. $20.39



**One With Nature**
Bar Soap
All Varieties

**$4.49**
Reg. $5.99

**New Chapter**
Ashwagandha Force
60 Capsules

**$21.99**
Reg. $27.19

**New Chapter**
Organic Plant Calcium
60 Tablets

**$25.99**
Reg. $31.03

**Perelandra Supplements**
Women's Health Liquid Tinctures
Includes Fem Cycle, UT Balance, and Yeast Buster

**$12.49**
Reg. $14.29-14.39

**Perelandra Supplements**
Maca Liquid Tincture
1 FL OZ

**$9.79**
Reg. $11.19

**New Chapter**
Hair, Skin, & Nails
30 Capsules

**FREE!**
With purchase of any New Chapter multivitamin (while supplies last)

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# Perelandra

Busy? Running around a lot?
Need a hand? **SHOP ONLINE**
**@www.perelandranatural.com**
We deliver to all of Brooklyn!

Instacart

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.

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