

NATURAL FOOD CENTER

Perelandra

We deliver anywhere in Brooklyn!

Shop in-store or online at www.PerelandraNatural.com

175 Remsen Street

Brooklyn, NY 11201 • 718.855.6068

OPEN DAILY FROM 8AM TO 10PM

Get groceries delivered in an hour or less! **Instacart**

Good Thru June 30, 2017



Amy's
Organic Candy Bars
All 1.3oz Varieties

2/\$3!

Reg. \$2.19



Gimme
Organic
Seaweed
Snack
All Varieties

\$1.59

Reg. \$2.39



Navitas Naturals
Organic
Goji Berries
All Varieties

30% off!

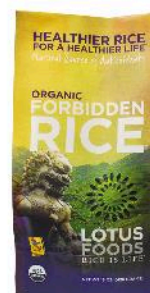
Reg. \$15.59-29.99



Barbara's Bakery
Snackimals
All 7.5oz
Varieties

\$3.39

Reg. \$4.99



Lotus Foods
Organic
Rice
All 15oz
Varieties

30% off!

Reg. \$4.89-8.19



Lesser Evil
Vegan
Kettle Chips
All 5oz
Varieties

\$2.59

Reg. \$3.59



Poland Spring
Natural
Spring Water
Sport Cap
20floz

5/\$3!

Reg. \$.89



Brooklyn Brine Co.
Locally Made
Pickles
All 24oz Varieties

\$6.59

Reg. \$9.09



Newman's Own
Organic
Extra Virgin
Olive Oil
16.9floz

\$9.29

Reg. \$13.39



Happy Tree
Organic Maple Water
All 12floz Varieties

\$2.69
Reg. \$3.69



Hail Merry Snacks
Vegan Tarts
All Varieties

30% off!
Reg. \$4.79-5.09



Organic Valley
Organic Egg Whites
16oz

\$6.99
Reg. \$9.99



Nancy's
Organic Cottage Cheese
16oz

\$5.39
Reg. \$7.59



Siggi's Skyr
Yogurt Tubes
All 8ct Varieties

\$3.99
Reg. \$5.89



Chia Viva
Chia Pudding
All Varieties

3/\$7
Reg. \$3.49



Brown Cow Yogurt
Cream Top Yogurt
6 OZ

99¢
Reg. \$1.39



Wildwood Natural Foods
Soymilk Creamer
16floz

\$1.89
Reg. \$2.39



Organic Valley
Organic Sliced Baby Swiss
6 OZ

\$5.69
Reg. \$8.09



Maple Hill Creamery
Organic Greek Yogurt
All 5.3oz Varieties

2/\$3
Reg. \$3.09



Tofurky
Vegan Chick'n
All Varieties

\$3.59
Reg. \$4.79



Redwood Hill Farm
Goat Milk Kefir
32floz

\$6.49
Reg. \$8.59



Nancy's
Organic Cottage Cheese
8oz

\$2.79
Reg. \$3.89



Redwood Hill Farm
Goat Milk Yogurt
All 6oz Varieties

\$2.19
Reg. \$2.89



Siggi's Skyr
Icelandic Yogurt
All 24oz Varieties

\$5.49
Reg. \$7.79



Wholesome Valley Organic
Organic American Cheese
Slices
8oz

\$5.79
Reg. \$7.59



Cascadian Farm
Organic Cherries
32oz

\$10.69
Reg. \$15.29



Hilary's Eat Well
Organic Veggie Bites
All 12oz Varieties

\$4.39
Reg. \$5.89



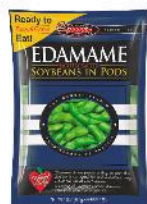
Coolhaus
Ice Cream Sandwiches
All Varieties

\$4.39
Reg. \$5.59



Tofurky
Vegan Snack Pockets
All Varieties

\$2.69
Reg. \$3.49



Seapoint Farms
Ready to Eat Edamame Pods
14oz, Non-Organic

\$2.59
Reg. \$3.39



So Delicious
Almond Milk Ice Cream
All Pints

\$4.79
Reg. \$6.79



Gardein
Meat-Free Dishes
All Varieties

\$3.99
Reg. \$5.69



Shelton's Poultry
Turkey Sausage
All Varieties

\$5.49
Reg. \$7.39



Boca Foods
Veggie Burgers
All 10oz Varieties

\$4.29
Reg. \$5.69



Paleo Passion
Paleo Sorbet Bars
All 4ct Varieties

\$5.09
Reg. \$6.49



Gardein
Vegan Breakfast Pocket
14.1oz

\$4.29
Reg. \$6.09



Sorbabes
Gourmet Vegan Sorbet
All Pints

\$4.69
Reg. \$6.49



So Delicious
Coconut Milk Mini
Sandwiches
8ct

\$4.99
Reg. \$7.09



Alpine Valley
Organic Whole-
Grain Bread
All Loaves

\$3.89
Reg. \$4.89-5.09



Maria And Ricardo's
Organic Tortillas
All Varieties

\$3.39
Reg. \$4.49



Food For Life Baking Co.
Ezekiel Pocket Bread
10oz

2/\$6!
Reg. \$3.99



Bulk
Eco-Farmed Brown
Rice
All Varieties

30% off!
Reg. \$1.69-1.89/lb



Bulk
Organic French
Lentils

\$2.09/lb
Reg. \$2.79/lb



Tierra Farm
Organic Trail Mix
All Varieties

20% off!
Reg. \$8.99-12.69



Bulk
Organic Green Split
Peas

30% off!
Reg. \$1.89/lb



Bulk
Organic Garbanzo
Beans

\$1.89/lb
Reg. \$2.39/lb



Bulk
Organic Black Chia
Seeds

\$3.39/lb
Reg. \$4.39/lb



Eden Foods
Organic Gomasio Seasoning
All Varieties

\$2.79
Reg. \$3.89



Bionaturae
Organic Balsamic Vinegar
8.5floz

\$3.99
Reg. \$5.49



Desert Pepper Trading
Traditional Salsas
All 16oz Varieties

\$3.89
Reg. \$5.59



Garden Of Eatin'
Blue Corn Tortilla Chips
All 8.1 oz Varieties

\$2.69
Reg. \$3.99



Jyoti Cuisine
Indian Meals
All Varieties

2/\$6!
Reg. \$4.09



Lundberg Family Farms
Organic Rice Cakes
All Varieties

\$3.19
Reg. \$4.69



Newman's Own
Family Cookies
All 7oz Varieties

\$2.99
Reg. \$4.09



Woodstock
Almond Butter
All Varieties

30% off!
Reg. \$15.99-29.99



Ohsawa
Organic Nama Shoyu
All Varieties

30% off!
Reg. \$7.19-12.29



Apple & Eve
Organic Apple Juice
18floz

\$3.99
Reg. \$5.49



Bob's Red Mill
Buttermilk Pancake &
Waffle Mix
26 OZ

\$3.79
Reg. \$5.39



Choice
Organic Wellness Teas
All 16ct Varieties

\$3.79
Reg. \$5.39



Coconut Secret
Organic Coconut Aminos
8floz

\$5.59
Reg. \$7.69



Dagoba
Organic Baking Chocolate
6oz

\$4.89
Reg. \$6.49



Madhava Honey
Organic Agave Nectar
All 11.75floz Varieties

\$4.39
Reg. \$5.99-6.49



La Baleine
Fine Ground Sea Salt
26.5oz

\$3.29
Reg. \$4.49



Newman's Own
Fig Newmans
All Varieties

\$3.89
Reg. \$5.59



Seeds of Change
Organic Rice Sides
All Varieties

\$2.79
Reg. \$3.99



Theo
Organic Chocolate
Clusters
All 2.8oz Varieties

\$2 off!
Reg. \$6.19



Annie's
Organic BBQ Sauce
All 12oz Varieties

\$3.29
Reg. \$4.89



Jovial
Organic Tomatoes
All Varieties

\$3.99
Reg. \$5.19



Fungus Among Us
Organic Dried
Mushrooms
All Organic Varieties

25% off!
Reg. \$6.09-8.49



Mysupersnack
Granola Bites
All Varieties

2/\$4!
Reg. \$2.89



Artisana
Organic Cashew
Butter
14oz

Save \$6!
Reg. \$19.19



Bionaturae
Organic Whole Wheat
Pasta
Does not include lasagna

\$2.69
Reg. \$3.59



Green Mustache
Organic Vegan Cheddar
Crackers
4oz

3/\$10!
Reg. 4.79



I Heart Keenwah
Quinoa Puffs
All 3oz Varieties

\$2.39
Reg. \$3.39



Dr. Lucy's
Gluten-Free Brownie Crisps
4.5oz

\$3.49
Reg. \$4.59



San Pellegrino
Sparkling Mineral Water
750ml

\$1.89
Reg. \$2.69



Coconut Secret
Organic Coconut Vinegar
12floz

\$5.29
Reg. \$7.29



Panda
Licorice Chews
All 7oz Bags

\$2.89
Reg. \$4.29



Newman's Own
Organic Tea
All 20ct Varieties

\$3.29
Reg. \$4.39



Lakewood
Organic Cranberry
Concentrate
12.5floz

Save \$5!
Reg. \$14.59



Dang
Sticky Rice Chips
All 3.5oz Varieties

\$3.09
Reg. \$4.39



Ecover
Dishwasher Tablets
17.6oz

\$5.59
Reg. \$7.99



Green Shield Organic
Biodegradable Surface
Wipes
35ct

\$3.99
Reg. \$5.59



Green Forest
Bath Tissue
12ct

\$10.99
Reg. \$14.79



Ecover
Rinse Aid
16floz

\$5.39
Reg. \$7.79



Biokleen
Bac-Out Stain & Odor
Eliminator
All Varieties

30% off!
Reg. \$7.69-9.69



Air Scense
Room Fresheners
All 7oz Varieties

\$6.99
Reg. \$9.79



Naturally Clean
Kitchen Cleaning Spray
24floz

\$3.79
Reg. \$5.29



If You Care
Recycled Aluminum Foil
50ft

\$4.39
Reg. \$5.89



**Hylands Homeopathic
Motion Sickness
Tablets**
50ct

\$6.39
Reg. \$8.69



**Kyo*Green
Energy Drink
Mix**
5.3oz

\$24.99
Reg. \$33.99



**Kyolic
Liquid Garlic
Extract**
2froz

\$12.89
Reg. \$17.49



**Growing Naturals
Organic Rice
Protein
Powder**
All Varieties

30% off!
Reg. \$25.99-26.99



**Kyolic
Aged Garlic
Reserve**
60ct

\$12.49
Reg. \$16.99

NATROL
OWN YOUR HEALTH

**Natrol
High Absorption
Turmeric**
60ct

\$16.29
Reg. \$21.69



**Neocell
Immucell
Collagen Type 2**
120ct

\$22.49
Reg. \$29.99



**North American
Herb & Spice
Sinu-Orega**
2froz

\$15.49
Reg. \$19.99



**North American Herb &
Spice
Oreganol**
.45froz

\$23.29
Reg. \$29.99



**Nutrex Hawaii
Spirulina
Powder**
All Varieties

30% off!
Reg. \$20.99-52.99



**Hylands Homeopathic
Earache Drops**
.33froz

\$9.19
Reg. \$12.49



**Kyolic
Yeast-Free
Garlic Extract**
100ct & 200ct

30% off!
Reg. \$14.49-25.49



**Phyto-Therapy
Liquid Calcium
'RX'**
90ct

\$12.89
Reg. \$17.79



**Hylands Homeopathic
Bioplasma Cell
Salt**
500ct

\$15.49
Reg. \$20.89



**North American Herb &
Spice
Black Seed Oil**
12froz

\$10 off!
Reg. \$39.99



**Olbas
Herbal
Inhaler**
.01froz

\$4.49
Reg. \$5.99



**Nutrex Hawaii
Spirulina Tablets**
200ct

\$15.59
Reg. \$20.99



**Olbas
Lozenges**
24ct

\$5.19
Reg. \$6.99



**Kyolic
Vegetarian Garlic
Extract**
100ct

\$12.19
Reg. \$16.49



**North American Herb &
Spice
Oil of Oregano**
1froz

\$39.99
Reg. \$49.99

NATURAL FOOD CENTER

Perelandra

Busy? Running around a lot?
Need a hand? **SHOP ONLINE**
@www.perelandranatural.com
We deliver to all of Brooklyn!



Instacart  


ALAFFIA
EQUALITY • EMPOWERMENT • BEAUTY

Alaffia
Everyday
Coconut
Line Drive


Moon Valley Organics

Moon Valley
Organic
Bodycare
Live Drive



Clearly Natural
Glycerine
Bar Soap
All Varieties



Desert Essence
Hand & Body
Lotion
All 8oz Varieties

john masters organics

John Masters
Skin Care
Line Drive

25% off!
Reg. \$8.99-13.99

20% off!
Reg. \$2.99-15.99

\$1.69
Reg. \$2.19

\$6.69
Reg. \$8.99

20% off!
Reg. \$21.99-47.99



Jason Natural Products
Tea Tree
Shampoo &
Conditioner
All Varieties

\$7.39
Reg. \$10.59



Kiss My Face
Moisture
Shave Gel
All 11oz
Varieties

\$5.89
Reg. \$7.99



Mad Hippie
Exfoliating
Serum
1floc

\$25.89
Reg. \$34.99



Naturtint
Permanent
Hair Color
All Varieties

\$13.79
Reg. \$17.99



Reviva
Brown Spot
Night Cream
1.5oz

\$8.89
Reg. \$11.99



Tea Tree Therapy
Pure Tea
Tree Oil
1floc

\$8.69
Reg. \$11.79



The Honest Co.
Organic
Healing Balm
3oz

\$9.99
Reg. \$13.49



Tiger Balm
Pain Relief
Patch
4ct

\$6.79
Reg. \$9.19



Alba Botanica
After Sun
Gel
8floc

\$5.79
Reg. \$7.99



Bulldog Natural Skincare
Shave Gel
5.9oz

\$7.39
Reg. \$9.99



Clearly Natural
Unscented
Liquid Hand
Soap
12floc

\$3.99
Reg. \$5.19



Crystal Deodorants
Deodorant
Stick
4.25oz

\$5.19
Reg. \$6.99



Desert Essence
Face Wash
8.5floc

\$7.39
Reg. \$10.09



Jason Natural Products
Dandruff Relief
All Varieties

\$8.99
Reg. \$12.99



Kiss My Face
Sun Spray
Lotion
8floc

\$5 off!
Reg. \$21.99

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE.
SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.